



# Oakswood College

Empowering Through Education



## ATHE Level 4 Course Summary

### *Diploma in Health and Social Care*

PROMOTING EXCELLENCE • ENSURING COMPLIANCE  
SUPPORTING OUR COMMUNITY



GOVERNANCE



QUALITY



COMPLIANCE



EXCELLENCE

## COURSE SUMMARY DOCUMENT

### ATHE Level 4 Extended Diploma in Health and Social Care (120 Credits) Programme: *Specification Version 2.0 – Valid from August 2025*

<b>COURSE TITLE:</b>	<i>ATHE Level 4 Extended Diploma in Health and Social Care (120 Credits), Qualification Number 610/3300/5</i>
<b>DURATION OF COURSE:</b>	Average duration 12 months. Total Qualification Time is 1200 hours, including 480 Guided Learning Hours.
<b>WHEN COURSE IS TAUGHT:</b>	September, January & April intakes  Teaching Blocks: September to December, January to March, April to June, July to September.
<b>ENTRY REQUIREMENTS:</b>	<ul style="list-style-type: none"> <li>• Designed for learners typically aged 18+.</li> <li>• Centres should review each learner’s prior qualifications and experience to confirm they have the necessary foundations to study at Level 4.</li> <li>• For learners recently in education or training, the likely entry profile includes a GCE Advanced level profile with achievement in 2 or more subjects supported by 5 or more GCSEs at grades 4/C and above, other related Level 3 subjects such as ATHE Level 3 Diplomas, an Access to Higher Education Certificate, or equivalent international qualifications.</li> <li>• Learners must have an appropriate standard of English to access resources and complete assignments. Recommended English standards include IELTS 5.5, CEFR B2, Cambridge English Advanced 162 or above, or Pearson Test of English Academic 42–49.</li> <li>• Mature learners may present a varied profile including relevant paid or unpaid work experience, responsibility, participation, achievement of relevant professional qualifications, Recognition of Prior Learning, or RQF exemptions where applicable.</li> </ul>
<b>COURSE OUTLINE:</b>	<p><i>The ATHE Level 4 Extended Diploma in Health and Social Care (120 credits) is designed to provide a broad, applied foundation in health and social care at Level 4. It supports learners to develop the knowledge, practical understanding and transferable skills needed for further higher-level study, progression in employment, or development into more responsible roles within health and social care settings.</i></p> <p><i>The course combines four mandatory units with four optional specialist units. Mandatory study covers the wider health and social care context, person-centred support in adult social care, health and ill-health, and personal and professional development. Optional units allow learners to tailor the programme towards management, public health, research, specialist care practice, information and guidance, behaviour support, assistive technology, end-of-life care or medicines management.</i></p> <p><i>Learners explore legal, ethical, professional, organisational and social factors that influence care provision. Teaching and learning are structured around applied case studies, directed reading, classroom discussion, independent research and</i></p>

*assignment preparation, enabling learners to connect theory with realistic health and social care scenarios.*

*By the end of the programme, learners are expected to demonstrate understanding of care principles, safeguarding, communication, equality and diversity, health promotion, professional reflection, service improvement and evidence-informed practice. The qualification can support progression to employment in health and social care environments or to further study, including relevant Level 5 qualifications or higher education pathways where accepted by the receiving institution.*

**PROGRAMME CONTENT - CORE MODULES AND ANY OPTIONAL MODULES:**  
(Including number of credits)

Students must achieve the 4 mandatory units PLUS 4 optional units to complete the qualification.

Unit Code	Unit Title	Credits	GLH	Status
H6508740	Unit 1: Health and social care context and principles	15	60	Mandatory
J6508741	Unit 2: Supporting individuals in adult social care	15	60	Mandatory
K6508742	Unit 3: Health and ill-health	15	60	Mandatory
L6508743	Unit 4: Personal and professional development in health and social care	15	60	Mandatory
M6508744	Unit 5: Resource management in health and social care	15	60	Optional
R6508745	Unit 6: Managing people in health and social care	15	60	Optional
T6508746	Unit 7: Managing finance in health and social care	15	60	Optional
Y6508747	Unit 8: Managing improvement and change in health and social care	15	60	Optional
A6508748	Unit 9: Public health and health promotion	15	60	Optional
D6508749	Unit 10: Sociological context of health	15	60	Optional
J6508750	Unit 11: Contemporary issues in health and social care	15	60	Optional
K6508751	Unit 12: Research project in health and social care	15	60	Optional
L6508752	Unit 13: Support needs in health and social care	15	60	Optional
M6508753	Unit 14: Supporting end-of-life care	15	60	Optional
R6508754	Unit 15: Use of assistive technology	15	60	Optional

	T6508755	Unit 16: Supporting positive behaviour in adult health and social care	15	60	Optional
	Y6508756	Unit 17: Providing information, advice and guidance	15	60	Optional
	A6508757	Unit 18: Management and administration of medicines in social care settings	15	60	Optional
<b>WORKLOAD:</b> (Including number of contact hours with college staff and expected hours of self-study)	<p>The ATHE Level 4 Extended Diploma in Health and Social Care is a 120-credit qualification. Total Qualification Time is 1200 hours, and Total Guided Learning Hours is 480 hours.</p> <p>The specification explains that TQT includes Guided Learning Hours plus additional non-supervised learning such as preparation, private study, research, work-based learning and assessment activity. It does not provide a weekly contact-hours model.</p>				
<b>LENGTH OF THE MODULES:</b>	<p><i>Each module lasts 10 weeks (equivalent to one term) covering 40 contact hours. Three modules are taught per term.</i></p>				
<b>THE OVERALL METHODS OF ASSESSMENT FOR THE MODULES:</b> (For example, exams, coursework or practical assignments)	<p>Assessment for each unit is based on achievement of the Learning Outcomes at the standards set by the Assessment Criteria. Learners may achieve Pass, Merit, Distinction or Fail for each unit.</p> <p>Assessment is completed through submission of internally assessed learner work which may also include a PowerPoint presentation where required.</p> <p>Oakwood College uses ATHE provided assignment briefs for each unit, including extension activities for higher grades. The qualification includes four mandatory units and four optional specialist units selected according to the rules of combination.</p>				
<b>AWARD RECEIVED ON SUCCESSFUL COMPLETION OF THE COURSE:</b>	<p>ATHE Level 4 Extended Diploma in Health and Social Care (120 Credits) Qualification Number 610/3300/5. Awarding Body: ATHE (Awards for Training and Higher Education) UK Ofqual-regulated awarding organisation</p>				
<b>WHERE THE PROGRAMME IS TAUGHT:</b>	<p><b>Programme Delivery Location and Address:</b></p> <p><b>In-person, on-campus at:</b> Oakwood College Tricorn House 7th Floor 51–53 Hagley Road Birmingham B16 8TP</p> <p>Modes of delivery may include full-time, blended learning or distance learning.</p>				



<b>STAFF WHO ARE DELIVERING THE TEACHING:</b>	Teaching is delivered by a team of academics and practitioners with expertise in health and social care, adult social care, public health, safeguarding, professional practice, leadership, resource management, research and quality improvement, many of whom have relevant professional experience in the sector.																		
<b>THE FEES WHICH STUDENTS CAN EXPECT TO PAY:</b>	Fees: £1,800. Privately paid by the student.																		
<b>REASSESSMENT FEES</b>	Reassessment Fees for Each Module: £20 Plus External Verification Fees: £200																		
<b>COURSE DEPOSIT:</b>	25% of the tuition fee																		
<b>ADDITIONAL PROGRAMME COSTS:</b>	<p><b>These are costs in addition to tuition fees that students may have to pay to complete the course. The figures provided here are indicative estimates of additional costs:</b></p> <table border="1" data-bbox="459 880 1533 1944"> <thead> <tr> <th data-bbox="459 880 770 992">Cost item</th> <th data-bbox="770 880 1118 992">Compulsory / Optional</th> <th data-bbox="1118 880 1533 992">Indicative amount / range per year</th> </tr> </thead> <tbody> <tr> <td data-bbox="459 992 770 1182">Books and other study materials</td> <td data-bbox="770 992 1118 1182"><b>Optional</b> (online resources available)</td> <td data-bbox="1118 992 1533 1182">Around <b>£100 per year</b> (minimum average spend typically advised for undergraduate books)</td> </tr> <tr> <td data-bbox="459 1182 770 1373">Printing and photocopying</td> <td data-bbox="770 1182 1118 1373"><b>Optional</b> (students choose how much to print)</td> <td data-bbox="1118 1182 1533 1373"><b>£50 per year</b> recommended to cover general printing and final-year project printing/binding</td> </tr> <tr> <td data-bbox="459 1373 770 1518">Stationery and general study supplies</td> <td data-bbox="770 1373 1118 1518"><b>Optional</b></td> <td data-bbox="1118 1373 1533 1518">Approximately <b>£30–£60 per year</b> depending on personal preference</td> </tr> <tr> <td data-bbox="459 1518 770 1675">Optional UK study trips and visits</td> <td data-bbox="770 1518 1118 1675"><b>Optional</b> – only if students choose to participate</td> <td data-bbox="1118 1518 1533 1675">Typically, <b>£20–£60 per UK day trip</b>, depending on destination and activity</td> </tr> <tr> <td data-bbox="459 1675 770 1944">IT equipment and internet access</td> <td data-bbox="770 1675 1118 1944"><b>Expected</b> (students must be able to access online resources and VLE)</td> <td data-bbox="1118 1675 1533 1944">Highly variable; many students use an existing laptop. Where a new device is needed, a basic study-ready laptop typically costs <b>from £300 upwards</b></td> </tr> </tbody> </table>	Cost item	Compulsory / Optional	Indicative amount / range per year	Books and other study materials	<b>Optional</b> (online resources available)	Around <b>£100 per year</b> (minimum average spend typically advised for undergraduate books)	Printing and photocopying	<b>Optional</b> (students choose how much to print)	<b>£50 per year</b> recommended to cover general printing and final-year project printing/binding	Stationery and general study supplies	<b>Optional</b>	Approximately <b>£30–£60 per year</b> depending on personal preference	Optional UK study trips and visits	<b>Optional</b> – only if students choose to participate	Typically, <b>£20–£60 per UK day trip</b> , depending on destination and activity	IT equipment and internet access	<b>Expected</b> (students must be able to access online resources and VLE)	Highly variable; many students use an existing laptop. Where a new device is needed, a basic study-ready laptop typically costs <b>from £300 upwards</b>
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<b>QUERIES:</b>	If you have any questions about this Course Summary Document or the course in general, please contact our Academics team on: <a href="mailto:academicsupport@oakwoodgroup.co.uk">academicsupport@oakwoodgroup.co.uk</a>																		



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